



Nuggets at Eastridge (Age 4)



	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 – 8 a.m.	Theme Based Centers	Theme Based Centers	Theme Based Centers	Theme Based Centers	Theme Based Centers
8 – 8:30 a.m.					
8:30 – 9 a.m.	Prep for Swim	Prep for Swim	Prep for Swim	Prep for Swim	Prep for Swim
9 – 9:30 a.m.	Swim Time (9-10)	Swim Time (9-10)	Swim Time (9-10)	Swim Time (9-10)	Swim Time (9-10)
9:30 – 10 a.m.					
10 – 10:30 a.m.	Change from Swim Sunscreen/Bathroom	Change from Swim Sunscreen/Bathroom	Change from Swim Sunscreen/Bathroom	Change from Swim Sunscreen/Bathroom	Change from Swim Sunscreen/Bathroom
10:30 – 11 a.m.	Snack	Snack	Snack	Snack	Snack
11 – 11:30 a.m.	Friendship Circle	Friendship Circle	Friendship Circle	Friendship Circle	Friendship Circle
11:30 a.m. – 12 p.m.	Bathroom/Recess	Bathroom/Recess	Bathroom/Recess	Bathroom/Recess	Bathroom/Recess
12 – 12:30 p.m.	Lunch	Lunch	Lunch	Lunch	Lunch/Chick-fil-A
12:30 – 1 p.m.	Music & Story Time with the Teacher	Music & Story Time with the Teacher	Music & Story Time with the Teacher	Music & Story Time with the Teacher	Music & Story Time with the Teacher
1 – 1:30 p.m.	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time
1:30 – 2 p.m.					
2 – 2:30 p.m.	Bathroom/Playground	Bathroom/Playground	Bathroom/Playground	Bathroom/Playground	Bathroom/Playground
2:30 – 3 p.m.	Snack/Cooking Craft	Snack/Cooking Craft	Snack/Cooking Craft	Snack/Cooking Craft	Snack/Cooking Craft
3 – 3:30 p.m.	Craft/Science	Craft/Science	Craft/Science	Craft/Science	Craft/Science
3:30 – 4 p.m.					
4 – 4:30 p.m.	Bathroom/Grassy Hill	Bathroom/Grassy Hill	Bathroom/Grassy Hill	Bathroom/Grassy Hill	Bathroom/Grassy Hill
4:30 – 5 p.m.	Movie	Movie	Movie	Movie	Movie
5 – 5:30 p.m.					

**Times and Activities Subject to Change*