

Recreation Center at Southridge Pool Schedule January 6th through January 12th, 2025

| | | | | Fitness Pool | | | | | |
|----------------------|-----------------------------------|-------------------------------|-------------------------|---------------------------------------|----------------------|---------------|--------------------|---------------|---------------|
| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Time | Saturday | Time | Sunday |
| 5:30a-7:00a | | • | | • | | 5:30a-6:00a | | 5:30a-6:00a | |
| 7:00a-8:00a | Outro Filosop | Swim Fitness | Outro Filosop | Swim Fitness | Outro Fitance | 6:00a-7:00a | Closed | 6:00a-7:00a | Closed |
| 8:00a-9:00a | Swim Fitness | Arres Et | Swim Fitness | A 51 | Swim Fitness | 7:00a-8:00a | | 7:00a-8:00a | |
| 9:00a-10:00a | | Aqua Fit | | Aqua Fit | | 8:00a-8:30a | Swim Fitness | 8:00a-8:30a | Swim Fitness |
| 10:00a-11:00a | | | | | | 8:30a-9:00a | | 8:30a-9:00a | |
| 11:00a-11:30a | | | | | TR 1:1 | 9:00a-10:00a | | 9:00a-10:00a | |
| 11:30a-12:00p | Open/Lap Swim | | | | IR I.I | 10:00a-11:00a | | 10:00a-11:00a | |
| 12:00p-12:30p | | | | | | 11:00a-12:00p | Open Swim/Lap Swim | 11:00a-12:00p | |
| 12:30p-1:00p | | | Open/Lap Swim | Open/Lap Swim | | 12:00p-12:30p | | 12:00p-12:30p | |
| 1:00p-1:30p | | Open/Lap Swim | | | Open Swim/Lap Swim | 12:30p-1:00p | | 12:30p-1:00p | |
| 1:30p-2:00p | LG Training | Оренисар Омин | | | Open Gwill/Lap Gwill | 1:00p-2:00p | | 1:00p-2:00p | Open/Lap Swim |
| 2:00p-2:30p | | | | | | 2:00p-3:00p | TR 1:1 | 2:00p-3:00p | |
| 2:30p-3:30p | | | | | | 3:00p-4:00p | | 3:00p-4:00p | |
| 3:30p-4:00p | | | TR 1:1 | TR 1:1 | TR 1:1 | 4:00p-4:30p | | 4:00p-4:30p | |
| 4:00p-4:30p | Open/Lap Swim | | | | | 4:30p-5:00p | | 4:30p-5:00p | |
| 5:00p-6:30p | oponizap onimi | | LG Training | | | 5:00p-6:00p | | 5:00p-6:00p | |
| 6:30p-7:00p | | Aqua Fit | | | | 6:00p-7:00p | | | |
| 7:30p-8:00p | | · | Open/Lap Swim | | | 7:00p-8:00p | | 6:00p | Closed |
| 8:00p | Closed | Closed | Closed | Closed | Closed | 8:00p | Closed | | |
| *Notes: | A lap lane may be added to the | fitness pool to best accommod | ate all swimming needs. | | | | | | |
| | | | | Children's Pool | | | | | |
| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Time | Saturday | Time | Sunday |
| 5:30a-10:00a | Closed | Closed | Closed | Closed | Closed | 7:00a-9:00a | Closed | 7:00a-9:00a | Closed |
| 10:00a-3:00p | On an Suring | Ciosea | Ciosed | Closed | Ciosed | 0.00= 0.00= | Onen Cuim | 0.00= 6.00= | Onen Curin |
| 3:00p-8:00p | Open Swim | Open Swim | Open Swim | Open Swim | Open Swim | 9:00a-8:00p | Open Swim | 9:00a-6:00p | Open Swim |
| 8:00p | Closed | Closed | Closed | Closed | Closed | 8:00p | Closed | 6:00p | Closed |
| *Notes: | Periodic 1:1 instruction / groups | for special needs members du | ring open swim. | | | | | | |
| 110.00 | ,h. | | • • | nt Channel / Shark A | llev | | | | |
| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Time | Saturday | Time | Sunday |
| | | | | | | 7:00a-9:00a | Swim Fitness | 7:00a-9:00a | Swim Fitness |
| 5:30am-10am | Swim Fitness ISR | Swim Fitness ISR | Swim Fitness ISR | Swim Fitness ISR | Swim Fitness ISR | | | | |
| | | | | | | | | | |
| 10:00a-3:00p | | Closed | Closed | Closed | Closed | 9:00a-8:00p | Open Swim | 9:00a-6:00p | Open swim |
| | Open Swim | | | | | | ., | | ., |
| 3:00p-8:00p | | Open Swim | Open Swim | Open Swim | Open Swim | | | | |
| 8:00p | Closed | Closed | Closed | Closed | Closed | 8:00pm | Closed | 6:00pm | Closed |
| 0.00р | 5.3000 | 5.550U | 2.0000 | Family Spa | | о.оори | 2.2304 | 0.00ріп | 0.0360 |
| Times | Mondov | Tuesday | Madraedev | · · · · · · · · · · · · · · · · · · · | - Cuidou | Time | Coturdov | Time | Cunday |
| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Time | Saturday | Time | Sunday |
| 5:30a-10:00a | 0.01 | Open Swim | Open Swim | Open Swim | Open Swim | 7:00a-8:00p | Open Swim | 7:00a-6:00p | Open Swim |
| 10:00a-3:00p | Open Swim | Closed | Closed | Closed | Closed | | - | · | |
| | | | | | On an Cusins | 0.00 | Closed | 6:00p | Closed |
| 3:00p-8:00p | | Open Swim | Open Swim | Open Swim | Open Swim | 8:00p | Ciosed | 0.00р | 010360 |
| 3:00p-8:00p 8:00p | Closed trness" times are reserve | Closed | Closed | Closed | Closed | 8:00p | Gloseu | 0.00р | Oloseu |

- Outside Groups wishing to utilize the Southridge Pools, please contact the Aquatics Manager at least one week prior to your requested usage date.
 Questions may be directed to the Aquatics Manager at 303-471-7060.
 - *Pool Schedule Subject to Change Without Notice*

Birthday Parties are scheduled Fridays 5:00p-7:00p, Saturdays & Sundays 10:00a-12:00p & 1:00p-3:00p & 4:00p-6:00p - Inquire online @ hrcaonline.org